

## Henry M. Wright, Jr. DDS, PA

Practice Limited to Endodontics

*Belle Grove at the Arboretum*

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### Post Operative Care Instructions following Root Canal Treatment

1. Before the anesthetic wears off and if needed for the next 48 hours, take some sort of anti-inflammatory medication. We recommend 600 mg of ibuprofen (a.k.a. Motrin, Advil, Nuprin) every 6 hours. Alleve and Aspirin are also effective if you prefer them. If you are unable to take anti-inflammatory medication, we recommend Tylenol as needed.
2. The tooth will be sore to biting pressure initially. Avoid chewing on this side, tapping, or pressing on this tooth.
3. If your tooth was diagnosed as having a crack: avoid chewing on this side until the temporary crown has been placed.
4. If hot or cold liquids affected the tooth, the tooth should no longer feel temperature changes. It is fine to drink liquids on that side.
5. It is important to continue brushing and flossing in order for tissue around the tooth to stay healthy. The tooth will be sensitive when you try to brush and floss. Be gentle.
6. Everything mentioned above is normal from all the work that was done today. Time for healing is the major factor now. In some cases, infection may develop after treatment. If you develop severe pain or swelling, please call the office for instructions on how to reach Dr. Wright.
7. The permanent restoration (filling and/or crown) will need to be done by your general dentist within 30 days unless otherwise instructed.

If you have any questions, problems, or concerns, please feel free to call our office.